Conference of Orthopaedists and Traumatologists of Oltenia (SOTO)
May 8–10, 2026
Drobeta-Turnu Severin

SOTO 2026 President: Assoc. Prof. Florin Ramadani
Chairman of the Organizing Committee: Prof. Dr. Dan Grecu

Members of the Organizing Committee:
Alsed Gjoni
Adrian Pătrulescu
Alexandru Nițu
Cătălin Duican
Minodora Pețа
Dana Gruescu

Day I: 08.05.2026

14:00 – 16:00: Participant registration
16:15 – 16:30: Opening ceremony

HALL I

Session I: 16:30 – 18:45

Knee Arthroplasty Alignment

Chairpersons: Florin Ramadani, Dan Grecu

1. **Tudor Sorin Pop: 16:15 – 16:35**
   TKR – How I Achieve Knee Alignment
2. **David Ulmann: 16:35 – 16:55**
   Kinematic Alignment in Primary and Revision Knee Arthroplasty – Past, Present, and Future
3. **David Ulmann: 16:55 – 17:15**
   Practical Use of 3D Scanning, Reconstruction, and Printing in Orthopaedic Surgery – Opportunities and Limitations

4. **Horea Benea: 17:15 – 17:35**
   Modern Alignment and Design Options for Improved Functional Outcomes in Total Knee Arthroplasty
5. **Tudor Sorin Pop, Andrei Marian Feier, Vitalis Lorand, Zuh Sandor Gyorgy, Octav Marius Russu: 17:35 – 17:55**
   Clinical Outcomes After Cruciate-Retaining Versus Posterior-Stabilized Total Knee Arthroplasty – A Comparative Cohort Study
6. **Octav Marius Russu, Andrei Marian Feier, Vitalis Lorand, Zuh Sandor Gyorgy, Tudor Sorin Pop: 17:55 – 18:15**
   Femoral Rotational Alignment and Functional Outcomes in Primary Total Knee Arthroplasty
7. **Nicoleta Oprea: 18:15 – 18:35**
   Regional Anesthesia and Pain Management in Knee Surgery – Modern Approaches
8. **Discussion: 18:35 – 18:45**

Pharma Session: 18:45 – 19:10

- **Bleu Pharma: Alternative Treatment for Degenerative Diseases – Dan Grecu**
- **Sun Wave Pharma: Management of Chronic Pain in Osteoarthritis – Dan Grecu**
- **Uriach: Pain of Tendon-Ligament Origin – Alsed Gjoni**

Day II: 09.05.2026

HALL I

Session II: 09:00 – 11:00

Knee Pathology

Chairpersons: Sorin Pop, Horea Benea, Alsed Gjoni

1. **Florin Ramadani: Osteotomies Around the Knee**
2. **Wilhelm Friedl: Treatment of Transcondylar and Supracondylar Traumatic and Periprosthetic Fractures**
3. **Wilhelm Friedl: Patellar Osteosynthesis Using the XS Locked Nail (Intercus)**

4. **Florin Ramadani: Patellofemoral Instability – Diagnosis and Treatment Algorithm**
5. **Daniel Cosmin Călin, Cătălin Duican, Radu Jidovin, Rafat Almasawah, Ion Sava, Mohamed Katta:**
   The Experience of the Orthopaedic Department of Slatina County Hospital in the Treatment of Distal Femur Fractures
6. **Alsed Gjoni, Alexandru Enescu, Angelo Abagiu, Tiberiu Paraliov, Igor Pucalev, Rodrigo Dragomir, Alina Caraboi:**
   Distal Femur Fractures – Clinical Experience at Drobeta Turnu Severin Emergency County Hospital
7. **Discussion**

11:00 – 11:30: SOTO General Assembly

Session III: 11:30 – 13:30

Alignment in TKR; Factors Influencing Outcomes

Chairpersons: Fabian Tatu, Alexandru Grecu

1. **Alexandru Păun, Adrian Pătrulescu:**
   Experience in the Management of the Painful Knee
2. **Dan Grecu:**
   Can Kinematic Alignment Be Applied in Unicompartmental Knee Arthroplasty?
3. **Daniel Cosmin Călin, Cătălin Duican, Rafat Almasawah, Ion Sava:**
   Preoperative Planning in Total Knee Arthroplasty – Our Experience
4. **Dan Anușca:**
   Recent Advances in the Treatment of Infected Knee Arthroplasty
5. **Nicolae Erhan:**
   Primary Arthroplasty in Gonarthrosis with Severe Intra- or Extra-Articular Deformities
6. **Iozefina Botezatu, Andrei Bunea, Sorina Romanescu, Dan Lăptoiu, Nicoleta Maxim, Andrei Nica:**
   Allografts for Foot and Ankle Reconstruction

7. **Andrei Nica, Ionuț Teodoriu:**
   The Value of Allografts in the Reconstruction of Knee Defects
8. **Discussion**

Lunch Break: 13:30 – 15:00

Session IV: 15:00 – 17:00

Knee Traumatology

Chairpersons: Dan Anușca, Liviu Ojoga

1. **Fabian Tatu, Coroiu Sergiu Rafael:**
   Current Concepts of Lateral Extra-Articular Procedures in ACL Reconstruction
2. **Fabian Tatu, Coroiu Sergiu Rafael:**
   Patellofemoral Instability – Surgical Indications and Techniques
3. **Dan Cionca:**
   ACL Reconstruction Using the Rectus Femoris
4. **Dan Cionca:**
   Diagnosis and Treatment of Posterior Root Tears of the Lateral Meniscus
5. **Voiculescu Marius-Andrei, Vasiloiu Dragoș Codruț, Sărăcăceanu Bogdan, Smaranda Eduard:**
   Arthroscopic ACL Reconstruction Using the Four-Strand Hamstring Technique
6. **Radu Paraschiv:**
   Quadriceps Tendon Autograft in ACL Reconstruction: From Alternative to First Choice
7. **Radu Paraschiv:**
   All-Inside ACL Reconstruction Using Quadriceps Tendon Graft – The Future or Just a Trend?
8. **Discussion**

Coffee Break: 17:00 – 17:15

Session V: 17:15 – 19:15

Knee Arthroplasty Alignment

Chairpersons: Wilhelm Friedl, David Ulmann

1. **Liviu Ojoga:**
   Robotic Knee Arthroplasty – CORI: Advantages and Challenges
2. **Ionuț Stancu:**
   Robotic Arthroplasty Using the ROSA System
3. **Alexandru Grecu:**
   Robotic Systems in Knee Arthroplasty – Comparative Analysis
4. **Alexandru Grecu:**
   Robot-Assisted Kinematic Alignment – Case Presentation
5. **Dănuț Nicolae Tarniță, Dan Calafeteanu, Victor Marcușanu, Daniela Tarniță:**
   Comparative Analysis of Native and Prosthetic Knee Kinematics
6. **Alsed Gjoni, Alexandru Enescu, Angelo Abagiu, Tiberiu Paraliov, Igor Pucalev, Rodrigo Dragomir, Mihaela Vilcu, Alina Caraboi:**
   Primary Total Knee Arthroplasty – Step-by-Step Technique
7. **Discussion**

HALL II

Session I: 09:00 – 11:00

Chairpersons: Andrei Nica, Minodora Pețа, Dana Gruescu

1. **Căpitănescu Bogdan, Gjoni Alsed, Căpitănescu Camelia:**
   Management of Postoperative Edema in Patients with Trimalleolar Fractures
2. **Pețа Minodora, RN Pețа Mihai:**
   Management in the Care of Patients with Complications After Knee Arthroplasty
3. **Căpitănescu Camelia Elisabeta, Gruescu Dana, Obrocea Nicoleta Eleonora:**
   Nursing Care Management in Patients with Gonarthrosis Treated by Knee Arthroplasty
4. **Dimieru Roxana, Ionici Maria:**
   Total Knee Arthroplasty Revision – Integrated Care Management and the Role of the Nurse in Patient Recovery

5. **Bucur Anca, Panduru Mihaela:**
   Management in the Care of Patients with Compartment Syndrome
6. **Oprea Dănuț, Constantinescu Cristina:**
   Total Knee Arthroplasty – The Role of the Operating Room Nurse
7. **Discussion**

Session II: 11:30 – 13:30

Chairpersons: Andrei Nica, Minodora Pețа, Dana Gruescu

1. **Sorică Ionuț, Vișan Geanina:**
   Prevention of Intraoperative Infections
2. **PT Tănasie Florentina:**
   Recovery of Functional Capacity and Gait After Total Knee Arthroplasty
3. **Nae Crina, Nae Claudia:**
   Approach to the Dissatisfied Patient
4. **Neagoe Mihaela, Deatcu Simona Aurora:**
   Preoperative Preparation and Postoperative Care of Patients with Bicondylar Tibial Plateau Fractures Treated Through Double Approach
5. **Iamandi Anca:**
   The Role of the Nurse in the Care of Patients with Knee Arthroplasty
6. **Discussion**

Day III: 10.05.2026

Session VI: 10:00 – 12:00

Miscellaneous

Chairpersons: Dan Calafeteanu, Dan Cionca

1. **Alexandru Grecu:**
   Ultramicronized Palmitoylethanolamide (umPEA) in Gonarthrosis – A Prospective Study

2. **Florin Nițu:**
   Trimalleolar Fractures – From Diagnosis to Treatment
3. **Tiberiu Paraliov, Alsed Gjoni, Igor Pucalev, Angelo Abagiu, Alexandru Enescu, Rodrigo Dragomir:**
   Coxarthrosis – Clinico-Statistical Study and Surgical Treatment
4. **Nicoleta Oprea:**
   Regional Anesthesia and Pain Management in Hip Surgery
5. **Tiberiu Paraliov, Igor Pucalev, Alsed Gjoni, Alexandru Enescu, Angelo Abagiu:**
   Histopathological Aspects in Coxarthrosis
6. **Alsed Gjoni, Angelo Abagiu, Alexandru Enescu, Tiberiu Paraliov, Igor Pucalev, Rodrigo Dragomir, Mihaela Vilcu:**
   Proximal Tibial Fractures – Clinical Experience
7. **Discussions and Conclusions**

12:00: Closing Ceremony